

GROOMING AND PERSONAL APPEARANCE STANDARDS

Personal appearance and wearing the uniform is a significant part of a cadet's MCJROTC grade. Cadets are required to comply with MCJROTC GROOMING AND PERSONAL APPEARANCE STANDARDS as stipulated in Marine Corps Order 1533.6E. Grooming standards are covered in this section; MCJROTC uniform standards are covered in the section titled, "MCJROTC Uniform Standards." The grooming regulations apply to the military and NOMMA civilian uniforms, except as noted for some female hair regulations. Grooming and personal appearance standards are expected to be followed daily and at all NOMMA events (i.e. graduation, prom, dances, sporting events, and extracurricular activities).

Cadets who refuse or repeatedly fail to adhere to the prescribed grooming and personal appearance standards will receive disciplinary action according to NOMMA discipline policy.

1. All cadet haircuts/hairstyles, for both male and female cadets will be checked every day, during inspection, and will contribute toward an exam grade.
 - a. Haircuts and hair styles are not permitted to be faddish or eccentric. Mohawks, derivations of Mohawks and cuts or styles with shaved or designed portions of the scalp are not permitted. Braids and/or derivations of braids, including locks and twists, may be permitted for females only if hair is firmly secured according to the LONG HAIR regulations per MARADMIN 622/15.
 - b. No designs are allowed to the hair, one straight part in the hair is authorized. Two or more parts on the scalp are not authorized.
 - c. Hair must be a natural color, coinciding with the eyebrows.
 - d. Shaving/slashing of eyebrows is NOT authorized.
2. Male cadet grooming and haircut standards:
 - a. Marine Corps regulations state that hair will be neat and closely trimmed on the sides and back, graduated from zero (0) length at the hairline in the lower portion of the head to the upper portion of the head; and will not be over three (3) inches in length fully extended on top of the head.
 - b. Sides and back trimmed so that the hair is evenly graduated from zero at the hairline to the top of the head. Hair cannot touch the ears and will be tapered (or faded), not blocked. See the diagram below for the difference between tapered and blocked hairline. (If you can pinch and hold on to hair at the neck, sideburns and ear hairline, then it is too long.)
 - c. Sideburns will not go below the top of the ear orifice (place your index finger in your ear, your sideburns cannot go below the top of your finger).
 - d. The hair on the top of the head will not exceed 3 inches. It will be washed and neatly combed.
 - e. Locks, twists, sculpting or spiking hair is not authorized.
 - f. Male cadets will be clean-shaven daily. Mustaches are the only facial hair authorized for male cadets. Mustaches must be trimmed so that the hair does not fall below the top edge of the upper lip and does not extend past the comers of the mouth. Beards of any kind are NOT authorized.

INCORRECT



blocked nape

CORRECT



tapered nape

Blocked Nape versus **Tapered Nape** (or, blocked neck edge versus tapered neck edge). A blocked nape refers to cutting the hair straight across in a definite line where the hairline meets the back of the neck (the nape). It is sometimes also referred to as "squaring off" the nape. A tapered nape, or fade, refers to a gradual decrease in the length of hair at the back of the head to zero at the neckline, following your natural hairline. Both are shown in the illustration below for comparison. The tapered, or faded, nape is the **ONLY** style of haircut for MCJROTC

3. Female cadets hair standards:

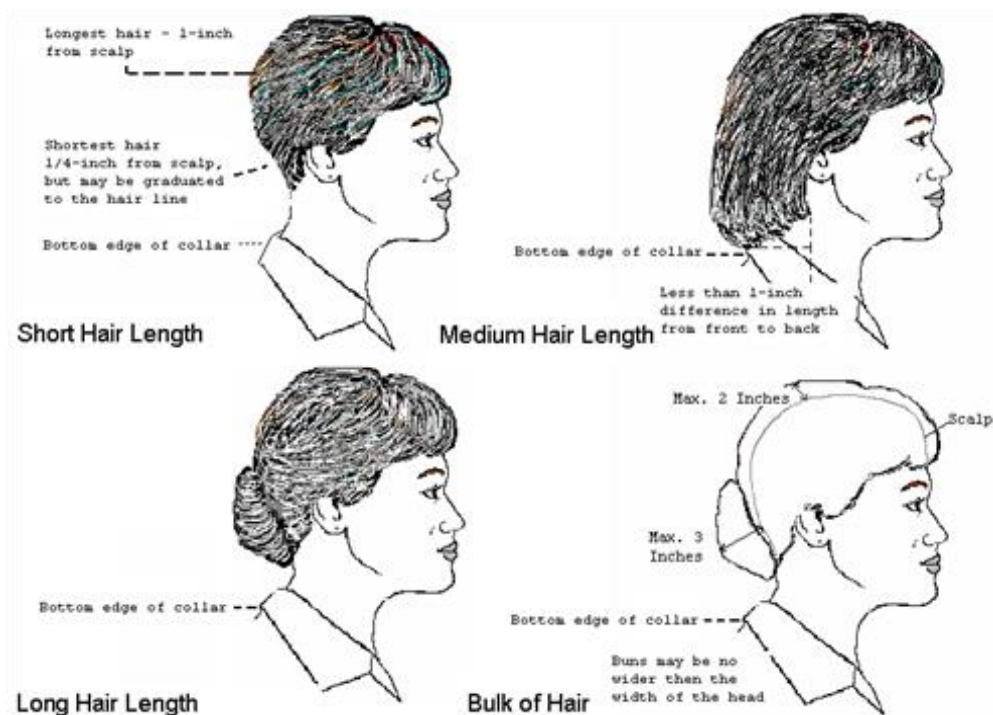
- a. Wear their hair so that it does not fall below the bottom edge of collar.
- b. Female hairstyles must be neat and conservative in appearance and must not interfere with the proper wear of all uniform headgear.
- c. Hairpins will be hidden and no other items are allowed in the hair.
- d. Bangs, if worn, **MAY NOT FALL INTO THE LINE OF SIGHT**, may not interfere with wearing of headgear, and must lie neatly against the head.
- e. Examples of hairstyles considered to be faddish or exaggerated and thus not authorized for wear in uniform are (this list is not all-inclusive); locks and twists (not including French rolls/twists), hair sculpting (eccentric directional flow, twists, texture or spiking), buns or braids with loose hair extending at the end, multiple braids that do not start at the top of the head, hair styles with severe angles, and loose unsecured hair (not to include bangs) when medium/long hair is worn up.
- f. Female Cadet Hair Requirements

Short and medium length hair does not extend past the bottom edge of the uniform collar. Graduated hair styles are accepted, but the length from the front to the back may not exceed one inch difference in length. Bangs **MAY NOT FALL INTO THE LINE OF SIGHT**, may not interfere with the wearing of headgear, and must lie neatly against the head.

Hair that extends beyond the collar's edge will be neatly and inconspicuously fastened or pinned tight to the head. No portion of the bulk of the hair may exceed 2 inches except for a bun, which may extend a maximum of 3 inches from the scalp and may be no wider than the width of the head. Hairstyles will be symmetrical (no side buns, etc.) and will not interfere with the proper wearing of headgear.

Hair sculpting (eccentric directional flow, texture or spiking), buns or braids with loose hair extending at the end are not authorized.

- g. **SHORT HAIR** extends no more than 1 inch from the scalp, may be NO SHORTER than 1/4 inch, and may be evenly graduated. Bangs, if worn, MAY NOT FALL INTO THE LINE OF SIGHT, may not interfere with wearing of headgear, and must lie neatly against the head.
- h. **MEDIUM HAIR** does not extend past the uniform collar, is longer than 1 inch in length, and may fall naturally. Graduated hair styles are accepted, but the length from the front to the back may not exceed one inch difference in length. Bangs MAY NOT FALL INTO THE LINE OF SIGHT, may not interfere with the wearing of headgear, and must lie neatly against the head. No portion of the bulk of the hair as measured from the scalp, may exceed 2 inches.
- i. **LONG HAIR** extends beyond the collar's edge and will be neatly and inconspicuously fastened or pinned tight to the head. Female cadets may not wear a ponytail. No portion of the bulk of the hair may exceed 2 inches except for a bun, which may extend a maximum of 3 inches from the scalp and may be no wider than the width of the head. Hairstyles will be symmetrical (no side buns, etc.) and will not interfere with the proper wearing of headgear. Bangs MAY NOT FALL INTO THE LINE OF SIGHT, may not interfere with wearing of headgear, and must lie neatly against the head.



- 4. Jewelry: Cadets are NOT authorized to wear earrings or spacers in the MCJROTC utility uniform. Only Females are authorized to wear earrings (no larger than the 1/4 of an inch in diameter, one on each ear lobe) in the NOMMA uniform. Cadets are not authorized to wear facial or body piercings (retainers and spacers are not permitted); No other jewelry will be visible above or around the neck. Watches are the only authorized jewelry allowed on the wrist. Watches must be inconspicuous; not overly large and may be brown, black, tan, gold or silver. One ring on each hand is allowed, but not to be worn on the thumb. Hair accessories are not authorized.
- 5. Shaving/slashing of eyebrows is NOT authorized.

UNIFORMS

Cadets wear the Marine Corps uniform 4 days per week. The complete uniform is issued during orientation. Because this is the official Marine Corps uniform, NOMMA cadets are **required** to adhere to the uniform, personal appearance, and grooming standards as set forth by the Marine Corps in MCO 1533.6E. Cadets receive instruction on these standards during orientation as well as information regarding the appropriate wearing of the Marine Corps Uniform.

The non-military, or civilian uniform, which is worn on Wednesday's is available for purchase from our uniform vendor Poree's at 3630 MacArthur Blvd. Suite C-B New Orleans, LA 70114. The civilian uniform consists of

- A white oxford shirt (long or short sleeved) with the NOMMA emblem. Undershirts must be white and free of markings or designs. Senior cadets may wear the senior oxford shirt designated by the class sponsors and approved by administration.
- A red tie for the male cadets and red tab tie for the female cadets
- Solid black shoes (any style). The black shoes must be completely black, no other colors on the shoe (including the sole) and black laces.
- A solid black belt
- Solid black socks
- Belted khaki pants (see below for more information regarding purchase of khaki pants) or khaki colored skirt for female cadets

Female cadets may wear a khaki skirt. The skirt must be within one inch from knee length and worn with a belt, if appropriate. Female cadets may wear their hair down with the NOMMA uniform. Extravagant weave or hairstyles are not permitted. Hair dye is not authorized. Female cadets may accessorize their hair with a black hair tie or a plain black headband.

Female cadets are authorized to wear one earring in each ear lobe with the NOMMA uniform. The earring must be a polished gold or silver ball, no more than 6mm (about ¼ inch) in diameter. Piercings are only authorized to be worn in the ear lobe, not in the cartilage or upper ear portions. Male cadets are never authorized to wear earrings or other piercings. Piercings not on the ear lobe, including facial piercings are never permitted. Retainers and spacers MAY NOT be worn to hold the place of piercings.

Female cadets' fingernails may be NO LONGER THAN ¼ INCH FROM THE TIP OF THE FINGER. Female cadets may wear clear nail polish, a French manicure, an American manicure, or polish within the red spectrum (to include pinks and burgundies) with the NOMMA uniform and service uniform, not the utility military uniform. Shades of purple, orange or nude are NOT authorized. Male cadets are not permitted to have nail polish or long fingernails. Male cadets must have neatly trimmed, short nails.

Cadets may wear one inconspicuous ring on each hand, but no rings are authorized for wear on the thumbs. Inconspicuous watches are authorized in the NOMMA uniform. Watch bands must be silver, gold, black, tan or brown.

NOMMA sweatshirts, sweaters, and jackets are available for purchase. The sweater and sweatshirt may be worn indoors. The NOMMA jacket is not authorized for wear indoors. Cadets are not authorized to wear any other garments with the NOMMA uniform; this means no hoodies, jackets, or over shirts will be allowed.

Purchase of Khaki Pants

If you're shopping by brand, the easiest recommendation is to look for the Dickies logo. Dickies is carried by WalMart, Sears, Target, and Academy Sports, among others. Only choose Dickies in a khaki color. Navy, dark blue, or black are not permitted. Pants must be hemmed to fall naturally at the ankle.

The following are acceptable descriptors of appropriate Khaki pants:

Classic	Double knee
Flat front	Pleated front
Straight leg	Boot leg

When shopping for Dickies, for both male and female pants, AVOID the following:

Stretch	Twill
Skinny leg	Low rise waist
Cargo pants/ pockets	Cell phone pockets
Drawstring	

TARGET

If shopping at Target, Cherokee brand: Avoid cargo pockets and skinny pants. The color should be “Pita Bread”. They carry options like Ebony, Xavier Navy, and Oyster, which are not NOMMA appropriate.

WALMART

If shopping at WalMart, **DO NOT** consider the Faded Glory brand. WalMart pants with the Dickies logo are acceptable. Most of their selections are less than \$20 and they usually have many styles to choose from. You must still follow the advice above.

SEARS

If shopping at Sears, only shop for the Dickies logo. Sears carries two brands called “At School” and “Classroom Uniforms” that have what they call a Khaki, but IT IS NOT NOMMA appropriate. The NOMMA khaki is more of an olive color than it is brown or tan. At School and Classroom Uniform pants are too “brown”.

ACADEMY SPORTS

If you do not choose the Dickies logo brand, you may consider the Austin Trading Co. line of pant from Academy Sports. They have a variety of khaki pants that NOMMA considers appropriate for the Wednesday uniform. Please be aware that Austin Trading pants also come in black, gray and navy, but NOMMA only considers the khaki color to be appropriate. DO NOT choose “ankle pants,” “skinny ankle pants,” or anything with cargo pockets or “convertible legs.” You may select pants labeled flat front, pleated front, or straight leg.

PLEASE NOTE:

Stores like H&M, Forever 21, and Zara do not carry pants that NOMMA considers uniform appropriate.

Students who are designated homeless per the McKinney-Vento Act will receive assistance with uniform, school supplies, and tutoring. Please contact the school counselor for more information.