

Made-from-scratch, wholesome meals

Produce fresh from local, organic farms where possible

Meets and exceeds USDA School Meal requirements

Meals crafted by true chefs & nutrition experts



FRESH
FOOD
FACTOR

Choice of 1% Milk or Non Fat
Chocolate Milk Served Daily
With All Lunches

March K-8 Lunch Menu

2 Red Beans and Rice, Cornbread, Baby Carrots w/ Ranch Dressing, Fresh Fruit	3 Spaghetti and Meatballs, Steamed Broccoli, Garlic Bread Stick, Fresh Fruit	4 Salisbury Steak with Brown Rice and Gravy, Green Beans, Mixed Salad with Carrots, Italian Dressing, Fresh Fruit	5 Turkey Nachos – Tortilla Chips, Cheese, Lettuce, Seasoned Corn and Salsa, Fresh Fruit	6 Pepperoni Pizza, Romaine Lettuce w/ Shredded Carrots, Italian Dressing, Fresh Fruit
9 White Beans w/ Smoked Turkey Sausage and Rice, Seasoned Green Beans, Biscuit, Fresh Fruit	10 Frito Pie – Chili, Cheese, Lettuce, Corn, Sour Cream, Frito Chips, Fresh Fruit	11 Oven Fried Chicken Tater Tots, Ketchup, Steamed Broccoli, WG Biscuit Fresh Fruit	12 Turkey Tacos – Soft Tortilla, Cheese, Lettuce, Seasoned Corn and Salsa, Fresh Fruit	13 Hot Dog with Chili, Oven Baked Fries, Ketchup, Mustard, Fresh Fruit
16 Meatball Marinara on Ciabatta Bread, Seasoned Corn, Fresh Fruit	17 Gumbo w/Chicken and Smoked Turkey Sausage, Brown Rice, Wheat Crackers, Mixed Salad w/ Diced Tomatoes, Italian Dressing, Fresh Fruit	18 No School	19 No School	20 No School
23 Red Beans and Rice, Cornbread, Baby Carrots w/ Ranch Dressing, Fresh Fruit	24 Hamburger w/French Fries, Lettuce, Tomato and Pickle, Ketchup, Mayo, Fresh Fruit	25 Herb Roasted Chicken, w/ Rice and Gravy, Seasoned Peas, Biscuit, Mixed Salad w/ Carrots and Italian Dressing, Fresh Fruit	26 Lasagna, layered Pasta and Cheese w/ Meat Sauce, / Seasoned Green Beans, Breakstick, Fresh Fruit	27 Cheese Pizza, Romaine Lettuce w/ Shredded Carrots, Italian Dressing, , Fresh Fruit
30 White Beans w/ Smoked Turkey Sausage and Rice, Seasoned Green Beans, Biscuit, Fresh Fruit	31 Cheeseburger w/ French Fries, Ketchup, Mayo, Salad w/ Tomatoes, Italian Dressing, Fresh Fruit Bishop: Chicken Salad w/ Potato Wedges		<i>There are no Pork Products within this Menu unless stated</i>	Fresh Fruit Served Daily With All Lunches