

Made-from-scratch, wholesome meals

Produce fresh from local, organic farms where possible

Meets and exceeds USDA School Meal requirements

Meals crafted by true chefs & nutrition experts



FRESH FOOD FACTOR

Choice of 1% Milk or Non Fat Milk Served Daily With All Breakfast

# March Breakfast Menu

## ■ K-8 and High School

<b>2</b> Egg and Cheese Muffin or Cereal Choice, Cheese String, Fresh Fruit, Fruit	<b>3</b> Scrambled Eggs, Biscuit w/ Jelly or Cereal Choice, Cheese String Fresh Fruit, Fruit	<b>4</b> Blueberry Muffin, or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice	<b>5</b> Maple Pancake Chicken Sausage Sandwich or Cereal Choice Fresh Fruit, Fruit	<b>6</b> French Toast Sticks or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice
<b>9</b> Yogurt w/ Granola or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice	<b>10</b> Chicken and Maple Waffles or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice	<b>11</b> Banana Muffin or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice	<b>12</b> Grits w/ Butter, Turkey Sausage Link or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice	<b>13</b> Cinnamon Rolls w/ Icing or Cereal Choice, Cheese String Fresh Fruit, Fruit
<b>16</b> Egg and Cheese Muffin or Cereal Choice, Cheese String, Fresh Fruit, Fruit	<b>17</b> Scrambled Eggs, Biscuit w/ Jelly or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice	<b>18</b> No School	<b>19</b> No School	<b>20</b> No School
<b>23</b> Yogurt w/ Granola or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice	<b>24</b> Maple Pancake Chicken Sandwich or Cereal Choice Cheese String, Fresh Fruit, Fruit Juice	<b>25</b> Banana Muffin or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice	<b>26</b> Grits w/ Butter, Turkey Sausage Link or Cereal Choice, Cheese String Fresh Fruit, Fruit	<b>27</b> Cinnamon Rolls w/ Icing or Cereal Choice, Cheese String Fresh Fruit, Fruit
<b>30</b> Egg and Cheese Muffin or Cereal Choice, Cheese String, Fresh Fruit, Fruit	<b>31</b> Scrambled Eggs, Biscuit w/ Jelly or Cereal Choice, Cheese String Fresh Fruit, Fruit Juice			<b>Fresh Fruit or Fruit Juice Served Daily With All Breakfast</b>

