

Made-from-scratch, wholesome meals

Produce fresh from local, organic farms where possible

Meets and exceeds USDA School Meal requirements

Meals crafted by true chefs & nutrition experts

FRESH  
FOOD  
FACTOR

## Breakfast Menu

### ■ Regular

Choice of 1% Milk or Non Fat  
Milk Served Daily With All  
Breakfast

Fresh Fruit or Fruit Juice Served Daily With All Breakfast				1 No School
4 No School	5 Maple Pancake Chicken Sausage Sandwich Fresh Fruit, Fruit Juice	6 Banana Muffin Cheese String Fresh Fruit, Fruit Juice	7 Egg and Cheese Muffin Fresh Fruit, Fruit Juice	8 Cinnamon Rolls w/ Icing, Fresh Fruit, Fruit Juice
11 Cinnamon Toast Crunch Cereal, Cheese String, Fresh Fruit, Fruit Juice	12 Egg and Cheese Muffin Fresh Fruit, Fruit Juice	13 Blueberry Muffin, Cheese String Fresh Fruit, Fruit Juice	14 Maple Pancake Chicken Sausage Sandwich Fresh Fruit, Fruit Juice	15 French Toast Sticks Fresh Fruit, Fruit Juice
18 MLK Holiday	19 Maple Pancake Chicken Sausage Sandwich Fresh Fruit, Fruit Juice	20 Banana Muffin String Cheese Fresh Fruit, Fruit Juice	21 Egg and Cheese Muffin Fresh Fruit, Fruit Juice	22 Cinnamon Rolls w/ Icing, Fresh Fruit, Fruit Juice
25 Cinnamon Toast Crunch Cereal, Cheese String, Fresh Fruit, Fruit Juice	26 Egg and Cheese Muffin Fresh Fruit, Fruit Juice	27 Blueberry Muffin, Cheese String Fresh Fruit, Fruit Juice	28 Maple Pancake Chicken Sausage Sandwich Fresh Fruit, Fruit Juice	29 French Toast Sticks Fresh Fruit, Fruit Juice