

Made-from-scratch, wholesome meals

Produce fresh from local, organic farms where possible

Meets and exceeds USDA School Meal requirements

Meals crafted by true chefs & nutrition experts



FRESH
FOOD
FACTOR

Choice of 1% Milk or Non Fat
Chocolate Milk Served Daily
With All Lunches

September 8th Grade Lunch Menu

2 No School Labor Day	3 No School	4 Cheese Pizza, Steamed Broccoli, Fresh Fruit	5 Turkey Nacho Bowl – Turkey Meat, Cheese, Brown Rice, Pinto Beans, Salsa, Fresh Fruit	6 Oven Fried Chicken, Tator Tots w/ Ketchup, Steamed Corn, WG Biscuit, Fresh Fruit
9 White Beans and Rice, Steamed Broccoli, Cornbread, Fresh Fruit	10 Pinwheel w/ Marinara Sauce, Green Beans, Fresh Fruit	11 Chicken Tenders, Potato Wedges w/ Ketchup, Fresh Fruit	12 Frito Pie – Chili, Cheese, Salsa, Sour Cream, Frito Chips, Steamed Corn, Fresh Fruit	13 Hamburger w/ Mayo, Mustard, French Fries w/ Ketchup, Fresh Fruit
16 Loaded Baked Potato, Chili, Cheese, Sour Cream, Biscuit, Seasoned Green Beans, Fresh Fruit	17 Pepperoni Pizza, Steamed Corn, Fresh Fruit	18 Chicken Stewed Thigh w/ Gravy, Brown Rice, Steamed Broccoli, Fresh Fruit	19 Turkey Taco Bowl – Turkey Meat, Brown Rice, Cheese, Pinto Beans, Salsa, Fresh Fruit	20 Lasagna, Steamed Corn, Garlic Breadstick, Fresh Fruit
23 Red Beans and Rice, Green Beans, Cornbread, Fresh Fruit	24 BBQ Chicken Thigh, Mac and Cheese, Steamed Corn, Fresh Fruit	25 Salisbury Steak, Onion Gravy, Potatoes Au Gratin, Steamed Broccoli, WG Biscuit Fresh Fruit	26 Turkey Nacho Bowl – Turkey Meat, Brown Rice, Cheese, Steamed Corn, Salsa, Fresh Fruit	27 Turkey and Cheese Panini, Green Beans, Fresh Fruit
30 Spaghetti and Meatballs, Steamed Broccoli, Garlic Bread Stick, Fresh Fruit				Fresh Fruit Served Daily With All Lunches